



## MENU

### **BREAKFAST**

*Served from 8am - 10am.*

*Includes Tea or French-Pressed Local Coffee and a side of fresh fruit.*

#### **GREEN SCRAMBLED EGGS**

eggs with fresh greens and tomato, served with bread  
+ add 1 sausage

#### **COUNTRY BREAD WITH FRIED EGG**

2 fried eggs with sauteed tomato and lettuce on bread  
+ add 1 sausage

#### **BREAD AND FRUITY JAM**

freshly cooked chia marmelade made of tropical fruits -  
+ add butter

#### **SPREADY BREAD (V)**

homemade spread with greens and fresh tomato

#### **HOMEMADE PORRIDGE (V)**

served with cinnamon, chia seeds, flaxseeds, raisins,  
fruits

#### **TROPICAL SMOOTHIE BOWL (V)**

topped with chia seeds, flaxseeds, homemade granola,  
fresh toasted coconut

#### **HOMEMADE GRANOLA - FRUIT BOWL (V)**

granola mix with raisins, chia seeds, almonds, coconut,  
flaxseeds and oats  
+ add milk  
+ add natural yogurt